

Saturday, January 31, 2015 Madison, Wisconsin midwintermeltdown@mendotarowingclub.com
608-257-2739
http://www.mendotarowingclub.com/club-events/midwinter-meltdown

Midwinter Meltdown Indoor Rowing Competition Saturday, January 31, 2015 UW Porter Boathouse 680 Babcock Drive Madison, WI

Events include 1000m, 2000m, 6000m and relays. Up to four competitors who qualify will receive air transportation to Boston to compete in the 2015 World Indoor Rowing Championships (CRASH-B Sprints) to be held on Sunday, March 1, 2015 in Boston. All events will be rowed on Concept2 Model D ergometers.

Great Regatta Location

<u>UW Porter Boathouse</u> • 680 Babcock Drive • Madison, WI (see attached map for parking)

Register

REGISTRATION IS ONLINE

The registration link can also be found on the Midwinter Meltdown Section of our home page (www.mendotarowingclub.com). Each participant must register. We do support bulk registration and payment using the "add guest" button. See the registration link for instructions. Pay by check or by PayPal.

Register early and save:

Standard entry deadline is Wednesday, January 23, 2015

- · Standard Registration \$30 per competitor
- Late Registration \$40 per competitor

Register for as many events as you'd like; one fee per competitor.

Order an Erg at our Concept2 Erg Sale!

- Model D with PM5 monitor (Gray or Black): \$850.00 each (\$140.00 in savings off of retail, when factoring in tax and shipping)
- Model E with PM5 monitor (Gray only): \$1035.00 each (\$180.00 in savings off of retail, when factoring in tax and shipping)

You can now order your erg online

MIDWINTER MELTDOWN 2015 Estimated Schedule

<u>Event</u>	Event Code	<u>Time</u>
Masters Women 2000 m	MW2K	8:30 am
Masters Men 2000 m	MM2K	8:45
Senior/Veteran Women 2000m	MW2K	9:00
Senior/Veteran Men 2000 m	MM2K	9:15
Open Women 2000 m	OW2K	9:30
Open Men 2000 m	OM2K	9:45
Lightweight Women 2000 m	LW2K	10:00
Lightweight Men 2000 m	LM2K	10:15
Junior Women 2000 m, Heat1	JW2K	10:30
Junior Lightweight Women 2000 m	JLW2K	10:45
Junior Men 2000 m, Heat 1	JM2K	11:00
Junior Lightweight Men2000 m	JLM2K	11:15
Novice Women 2000 m	NW2K	11:30
Novice Men 2000 m	NM2K	12:00 pm
Coxswain Women 1000 m	CW1K	12:15
Coxswain Men 1000 m	CM1K	12:15
Open Women 6000 m	OW6K	12:30
Masters Women 6000 m	MW6K	12:30
Open Men 6000 m	OM6K	1:00
Masters Men 6000 m	MM6K	1:00
Parent-Child 2 x 500 m	PCR	1:30
Women Team 4 x 500 m, Heat 1	WR	1:45
Men Team 4 x 500 m, Heat 1	MR	2:15
Coed Team 4 x 500 m, Heat 1	CR	2:45

The following exhibition event will be raced concurrently to the events above:

<u>Event</u>	Event Code	<u>Time</u>
Double on Slides 2 x 1000 m	TWO	All Day
Age Categories	Any age may race as Open.	
14-18 Junior	19-29 may only race as Open.	

14-18 Junior

19-29 Open 30-39 Masters

40-49 Senior

50-59 Veteran A

60-69 Veteran B

70-79 Veteran C

80-89 Veteran D

90-99 Veteran E

Novice Rowers

Novice rowers are those whose first competition has been within the previous 12 months. If this is your first indoor regatta, you may row as novice.

Weight Restrictions

Lightweight Men = 165 lbs or less Lightweight Women = 135 lbs or less Coxswain Men = 130 lbs or less Coxswain Women = 120 lbs or less

Parking

There is free parking in UW Lot 34 near Porter Boathouse.

